

Blue Ash Educational Building 2 Week Rotating Menu

		Day of the Week					Week A
Breakfast	Component	Monday	Tuesday	Wednesday	Thursday	Friday	
	Serving	Whole Grain Waffles Bananas	Whole Grain French Toast Pears	Blueberry Muffins Pineapple	Oatmeal Applesauce	Whole Grain Pancakes Bananas	
	Beverage	Milk	Milk	Milk	Milk	Milk	
Lunch	Serving	Whole Grain Cheese Ravioli w/ Tomato Sauce Green Beans Applesauce	Sloppy Joe's on wheat bread Broccoli Fruit Salad	Soft Tacos w/ Whole Grain Tortillas Black Beans Peaches	Chicken Patties On Wheat bun Mashed Potatoes Mandarin Oranges <small>* Grilled Diced Chicken</small>	Grilled Cheese on Wheat Tossed Salad w/ Ranch Pineapple <small>*Carrots</small>	
	Beverage	Milk	Milk	Milk	Milk	Milk	
Snack	Serving	Graham Crackers	Apple Slices Ritz Crackers <small>*Cantaloupe</small>	Orange Slices Vanilla Wafers <small>*Fruit Salad</small>	Bananas Pretzels <small>*Animal Crackers</small>	Cheez-it Crackers	
	Beverage	100% Fruit Juice	Water	Water	Water	100% Fruit Juice	

		Day of the Week					Week B
Breakfast	Component	Monday	Tuesday	Wednesday	Thursday	Friday	
	Serving	Cinnamon Toast Crunch 100 % Orange Juice & Bananas	Whole Grain French Toast Applesauce	Kix Cereal Pears	Blueberry Muffins Fruit Salad	Cheerios 100% Orange Juice & Bananas	
	Beverage	Milk	Milk	Milk	Milk	Milk	
Lunch	Serving	Macaroni and Cheese Tossed Salad w/ Ranch Pears <small>*Green Beans</small>	Pizza Bread on Wheat Green Beans Applesauce	Chili Spaghetti Corn Peaches	Cheeseburgers On Wheat bun Baked Beans Fruit Salad <small>*Grilled Diced Chicken</small>	Chicken Quesadillas on Whole Grain Tortilla Broccoli Cantaloupe	
	Beverage	Milk	Milk	Milk	Milk	Milk	
Snack	Serving	Graham Crackers	Apple Slices Pretzels <small>*Peaches & Animal Crackers</small>	Colby Jack cheese cubes w/ Ritz Crackers <small>*Cheese Slices</small>	Bananas Vanilla Wafers	Cheez-it crackers Apple Slices <small>*Fruit Salad</small>	
	Beverage	100% Fruit Juice	Water	100 % Juice	Water	Water	

*ITEMS SUBSTITUTED BASED ON AGE OF CHILD